



# OUT OF CONTROL

But mark this: There will be terrible times in the last days. People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God-- having a form of godliness but denying its power. Have nothing to do with such people.

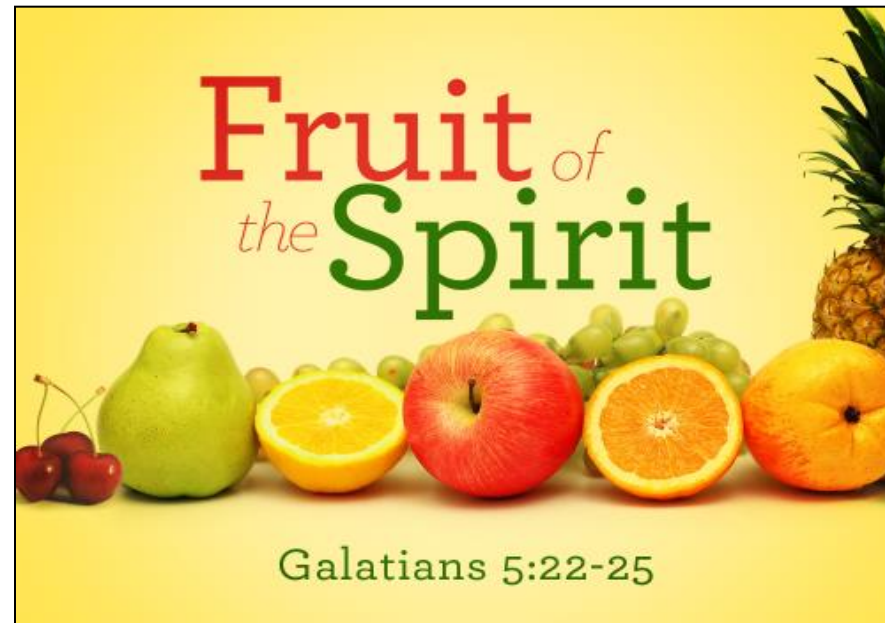
2 Timothy 3:1-5

The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

Galatians 5:19-21



## The fruit of the Spirit is ... gentleness and self-control



But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

Galatians 5:22-26

A gentle (soft) answer turns away wrath,  
but a harsh word stirs up anger. Proverbs 15:1



1 Samuel 25

# Gentleness is **NOT** Weakness

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:29

By the humility and gentleness of Christ, I appeal to you--I, Paul, who am "timid" when face to face with you, but "bold" toward you when away!

2 Corinthians 10:1



Power under control

# A real kind of strength

Better a patient person than a warrior, one with self-control than one who takes a city. Proverbs 16:32

Like a city whose walls are broken through is a person who lacks self-control. Proverbs 25:28



# Part of the gospel !

As Paul talked about righteousness, self-control and the judgment to come, Felix was afraid and said, "That's enough for now ! You may leave. When I find it convenient, I will send for you."

Acts 24:25



# **Its place in marriage:- a gift to help with powerful drives**

Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. 1Corinthians 7:5





## Who it applies to

Since an overseer manages God's household, he must be blameless--not overbearing, not quick-tempered, not given to drunkenness, not violent, not pursuing dishonest gain. Rather, he must be hospitable, one who loves what is good, who is self-controlled, upright, holy and disciplined. Titus 1:7-8



# Who it applies to

Teach the **older men** to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.



Likewise, teach the **older women** to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good.



# Who it applies to

Then they can urge the **younger women** to love their husbands and children, to be self-controlled and pure, ...



Similarly, encourage the **young men** to be self-controlled.

Titus 2:2-6



# How you witness

But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,

1Peter 3:15



Let your gentleness be evident to all. The Lord is near.  
Philippians 4:5

# Effort needed ?

## *The Link of gentleness and self-control*

But you, man of God, flee from all this, and **pursue** righteousness, godliness, faith, love, endurance and gentleness.

1 Timothy 6:11

**Add** ... to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; 2 Peter 1:6

Gentleness  
is what you  
do



Self-control  
is about what  
you have



# Getting ready for Jesus' return

Blessed are the meek, for they will inherit the earth.

Matthew 5:5



You are a new  
creation.

-2 Corinthians 5:17

# Getting ready for Jesus' return

For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope--the appearing of the glory of our great God and Saviour, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good. Titus 2:11-14



**Just remember self-control is HIS control in YOU**

